

## What is the Early Years Foundation Stage

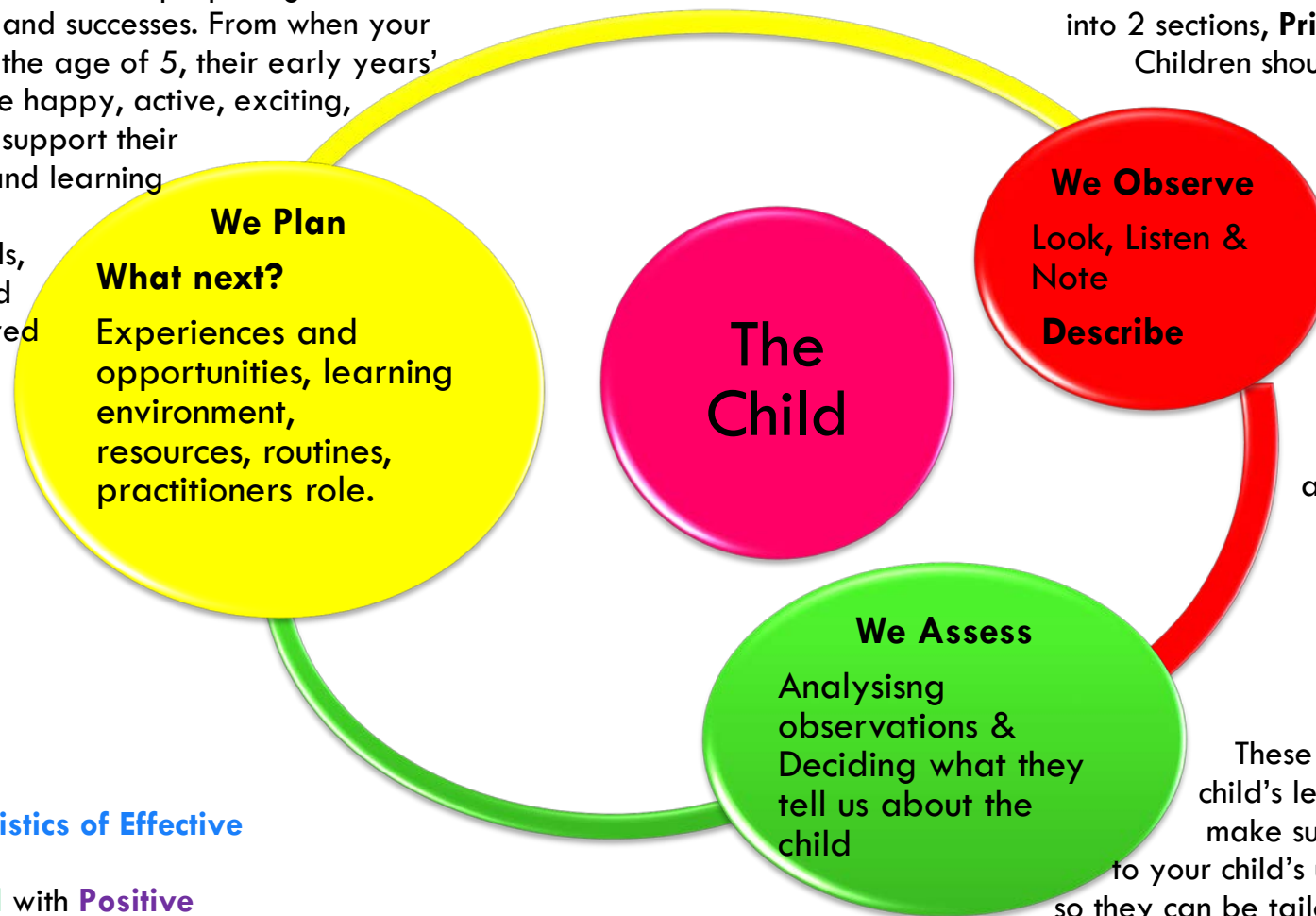
### Early Years Foundation Stage Framework (EYFS)

This is a very important stage as it helps your child get ready for school as well as preparing them for their future learning and successes. From when your child is born up until the age of 5, their early years' experience should be happy, active, exciting, fun and secure; and support their development, care and learning needs.

Nurseries, pre-schools, reception classes and childminders registered to deliver the EYFS must follow a legal document called the **Early Years Foundation Stage Framework**.

### EYFS Characteristics of Effective Learning

**A Unique Child** with **Positive Relationships** plus an **Enabling Environment** equals to **Learning & Development**.



**EYFS 7 Areas of Learning and Development** are split into 2 sections, **Prime Areas** and **Specific Areas**.

Children should mostly develop the **3 Prime Areas** first, these are:

**Communication & Language**  
**Physical Development**  
**Personal, Social & Emotional Development**

These prime areas are those most essential for your child's healthy development and future learning.

As children grow, the prime areas will help them to develop skills in **4 specific areas**, these are:

**Literacy**  
**Mathematics**  
**Understanding the World**  
**Expressive Arts & Design**

These 7 areas are used to plan your child's learning and activities. Staff will make sure that the activities are suited to your child's unique needs, and are flexible so they can be tailored to their interests. Children in the EYFS learn by playing and exploring, being active, and through creative and critical thinking which takes place both indoors and outside.