

## 19. No Smoking Policy

At Montessori & Me we are committed to promoting children's health and well-being. This is of the utmost importance for the nursery. Smoking has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking policy within its buildings and grounds. It is illegal to smoke in enclosed places.

All persons must abstain from smoking while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.

Staff accompanying children outside the nursery, are not permitted to smoke. We also request that parents accompanying nursery children on outings refrain from smoking while caring for the children.

Staff must not smoke while wearing nursery uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. If staff choose to smoke during breaks they are asked to change into their own clothing and smoke away from any entrance/exit points. It will be preferred if staff smoke they ensure they are further enough away from the premises to reduce the risk of being seen by parents and staff. Any Staff/Volunteers or students who do smoke outside of their working hours must ensure that they use appropriate methods to ensure they do not smell of tobacco (chewing gums, breath mints, deodorises, etc) and ensure they properly wash their hands before returning to work with children.

We respect that smoking is a personal choice, although as an organisation we support healthy lifestyles. We aim to help staff and parents to stop smoking by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline - [www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)
- Offering information regarding products that are available to help stop smoking
- Offering in-house support.

This policy also applies to electronic cigarettes.

This policy was adopted on 25/02/2018

Date for review: Feb 2019

Signed on behalf of the nursery: